# **PRO3700**Classic

# SAME HIGH-END FEATURES AND EXCEPTIONAL QUALITY AT AN UNBEATABLE VALUE

# PR03700C

Features the natural, smooth motion that Octane is known for, digital contact heart rate sensors, signature advanced programs, exclusive Workout Boosters and full commercial warranty.

## OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced Training MMA and 30:30
- Workout Boosters
- CROSS CiRCUIT compatible











## UPPER-BODY **ERGONOMICS**

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

#### MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

#### REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

#### LCD EXPERIENCE

Please every member with individual workout experience.

### PRO3700Classic SPECIFICATIONS

KEY MECHANICAL FEATURES		
Stride length	24" (61 cm)	
Close pedal spacing	1.8" (4.5 cm)	
Low step-up height	•	
Covered track and rollers	•	
MultiGrip™ and Converging Path™ handlebars	•	
Moving handlebar lock-out option	•	
1-time adjustable handlebar position	•	
CROSS CiRCUIT compatible	0	
Water bottle holder	•	
Tablet/reading rack	•	
Transport wheels	•	
ELECTRONIC FEATURES		
Resistance levels	30	
Digital contact heart rate on stationary handlebars	•	
Wireless heart rate ready (Polar®)	•	
Self-powered	•	
HeartLogic™ Intelligence	•	

ENTERTAINMENT OPTIONS	
Personal Viewing Screen	0
Wireless 900 Mhz	0
WORKOUTS	
Number of programs	20
PRESET RESISTANCE PROGRA	MS
Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•
HEART RATE-CONTROLLED PR	OGRAMS
Heart Rate Fat Burn	•
Heart Rate Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•
ADVANCED PROGRAMS	
CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	

Constant Power Watts **Constant Power METs** 

• Standard • Optional

FITNESS ASSESSMENT PE	ROTOCOL	
Navy PRT	•	
WORKOUT BOOSTERS		
X-Mode™	•	
GluteKicker™	•	
ArmBlaster	•	
PRODUCT SPECIFICATIONS		
Max user weight	400 lbs (181 Kg)	
Footprint (W x L)	31" x 69" (78 cm x 175 cm)	
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)	
Product weight	320 lbs (145 Kg)	
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)	
Product weight with CROSS CIRCUIT stands	405 lbs (183 Kg)	
WARRANTY		
Parts	3 years	
Labor	1 year	